



*Presents ...*

## “We Caught You Using Your Head”

As a part of the 2009 Helmet Safety Program the Sport Medicine Council of Manitoba is offering presentations on helmet safety related to wheeled sports for children grades k-6.

### Presentations will include:

Importance of wearing helmets for various recreation activities  
Techniques in proper helmet fitting  
Statistics on helmet usage and injury prevention

- Wearing bicycle helmets prevent head injuries by 85%.
- Every year 7,500 Canadians are seriously injured in bicycle related crashes. Helmets save lives.

To book a presentation, please contact Patrick Harbinson at 925-5750 or [patrickharbinson@sport.mb.ca](mailto:patrickharbinson@sport.mb.ca)

Please Note: Due to the overwhelming response in previous years, please book your presentation early to assure adequate time for a presentation.

